## 1 Thessalonians 5 v 11 - 22

## Pray without ceasing

- 11Therefore encourage one another and build each other up, just as in fact you are doing.
- 12Now we ask you, brothers and sisters, to acknowledge those who work hard among you, who care for you in the Lord and who admonish you.
- 13Hold them in the highest regard in love because of their work. Live in peace with each other.
- 14And we urge you, brothers and sisters, warn those who are idle and disruptive, encourage the disheartened, help the weak, be patient with everyone.
- 15Make sure that nobody pays back wrong for wrong, but always strive to do what is good for each other and for everyone else.
- 16Rejoice always,
- 17pray continually,
- 18 give thanks in all circumstances; for this is God's will for you in Christ Jesus.
- 19Do not quench the Spirit.
- 20Do not treat prophecies with contempt
- 21but test them all; hold on to what is good,
- 22reject every kind of evil.